

7:00 AM – 8:00 AM BREAKFAST

8:00 AM – 8:05 AM Introduction & Course Overview

8:05 AM – 8:25 AM Basic Science Foundation of Lasers & Light Sources
Dieter Manstein, MD, PhD

8:25 AM – 8:40 AM Rosacea, Telangiectasia and Vascular Lesions: Practical Tips to Achieve Better Results with Combination Therapies
Eric Bernstein, MD

8:40 AM – 8:55 AM Treatment of Sun Damaged Skin and Pigmented Lesions
Mathew Avram, MD, JD

8:55 AM – 9:20 AM Questions & Answers

9:20 AM – 9:35 AM Fractional Lasers and Energy-based-Devices
Mathew Avram, MD, JD

9:35 AM – 9:45 AM Laser Tattoo Removal
Eric Bernstein, MD

9:45 AM – 10:00 AM Laser Endpoints and Laser Safety
Mathew Avram, MD, JD

10:00 AM – 10:15 AM Questions & Answers

10:15 AM – 10:45 AM **BREAK: Visit the Exhibits**

10:45 AM – 10:55 AM Tissue Microcoring for Skin Laxity
Ashish Bhatia, MD

10:55 AM – 11:05 AM How to Enhance Your Results with Fractional Radiofrequency
Catherine DiGiorgio, MD

11:05 AM – 11:15 AM Maximizing Patient Satisfaction with Tissue Tightening Devices
Catherine DiGiorgio, MD

11:15 AM – 11:30 AM Winning the Scar Wars: Treating Scars and Keloids with Lasers & Laser-Assisted Drug Delivery
Jill Waibel, MD

11:30 AM - 11:45 AM Don't Be Afraid of Old School Fully Ablative Resurfacing: How to Safely and Effectively Incorporate it into Your Practice
Jill Waibel, MD

11:45 AM -11:55 AM Treating Acne with Lasers and Medications: A New Paradigm?
Ashish Bhatia, MD

11:55 AM – 12:15 PM Questions & Answers

12:15 PM – 1:20 PM **LUNCH: Visit the Exhibits**

12:25 PM – 12:45 PM XTRESSE SPONSORED TALK (NON CME)

A Novel Approach to Hair Growth with Xtresse Hair Therapy

Dr. Chesahna Kindred

12:55 PM – 1:15PM ELITERA SPONSORED TALK (NON CME)

The Real Shift Happening Inside Aesthetic Medicine Today

Lana Graff

1:20 PM – 1:30 PM Hyperpigmentation: A Multimodal Clinical Approach

Mary Lupo, MD

1:30 PM – 1:40 PM Starting Your Own Practice

Catherine DiGiorgio, MD

1:40 PM – 2:05 PM Incorporating Medical and Surgical Hair Restoration into Your Practice: Surgery, Robots, Platelet Rich Plasma & Stem Cells, and Oral Supplements

Marc Avram, MD

2:05 PM – 2:20 PM Questions & Answers

2:20 PM – 2:30 PM The Art of the Aesthetic Consult

Mathew Avram, MD, JD

2:30 PM – 2:40 PM New Advances in Thread Lifts Including PLLA and PDO

Catherine DiGiorgio, MD

2:40 PM – 2:50 PM Legal Eagle: Employment Contracts, Patient Consents, and Other Legal Issues in Aesthetic Practice

Mathew Avram, MD, JD

2:50 PM – 3:00 PM Health & Wellness of the Skin

Doris Day, MD

3:00 PM – 3:15 PM Questions and Answers

3:15 PM – 3:45 PM **BREAK: Visit the Exhibits**

- 3:45 PM – 5:45 PM Quick Fire Treatment Pearls (NON CME)**
- 3:45 PM - 3:49 PM **Jamie Hu, MD** - The Effect of Icing and Heating on Toxin and Filler
- 3:50 PM - 3:54 PM **Yakir Levin, MD, PhD** - Advances in Research and Therapies for Life-altering Birthmarks
- 3:55 PM - 3:59 PM **Christina Weng** - Innovations in Hair Loss
- 4:00 PM - 4:04 PM **Bridget Myers, MD** – A Novel, Effective Treatment for Neurofibromas
- 4:05 PM - 4:09 PM **Ehsan Azimi, MD** - Mrgpr Receptors and Rosacea
- 4:10 PM - 4:14 PM **Spencer Hawkins, MD** - J Enhancing Alopecia Outcomes with Microneedling
- 4:15 PM - 4:19 PM **Tomi Wall, MD** - Combination Pulsed Dye Laser and Botulinum Toxin for Treatment of Rosacea
- 4:20 PM - 4:24 PM **Dave Hashemi, MD** - Treatment of Acne Scarring with Combination Non-ablative Fractional Laser and RF+microneedling
- 4:25 PM - 4:29 PM **Adam Wulkan** - Optimizing Approaches to Treating Atrophic Facial Scars
- 4:30 PM - 4:45 PM** Questions & Discussion
- 4:45 PM – 4:49 PM **Morgan Murphrey, MD** - Endpoints: A High Yield, Photographic Review
- 4:50 PM – 4:54 PM **Ryan Kelm, MD** - Lasers & Energy-based Devices: Skin Longevity Tools
- 4:55 PM – 4:59 PM **Nkem Ugonabo, MD** - Lip Lesion
- 5:00 PM - 5:04 PM **Patricia Richey, MD** - Laser and Injectables for Scleroderma
- 5:05 PM - 5:09 PM **Azadeh Shirazi, MD** – Combination Treatment of Acne Scars
- 5:10 PM - 5:14 PM **Shasa Hu, MD** - Appropriate Dosing when Treating Patients with Biostimulator such as PLLA for Facial Rejuvenation
- 5:15 PM - 5:19 PM **Mehrnoosh Heidarian, MD** – Fat Grafting: Complications That Leave Lasting Scars
- 5:20 PM – 5:24 PM **Dan Wasserman, MD** - Use of Intraoperative Fractional CO2 for improved cosmetic results in Mohs Surgery
- 5:25 PM – 5:29 PM **Anne Marie Tremaine, MD** – Gram Negative Infection with Ablative Laser Treatment
- 5:30 PM - 5:45 PM** Questions and Discussion
- 5:45 PM - 7:00 PM Welcome Reception & Panel Discussion
- 6:15 PM – 6:25 PM **How to Incorporate Hair Transplantation and Hair Treatments into Your Dermatologic Practice**
Matt Leavitt, MD
- 6:25 PM – 6:55 PM **How to Adopt More Aesthetics into Your Practice**
- Panelists:** **Mathew Avram, MD, JD**
Catherine DiGiorgio, MD
Mary Lupo, MD
Tomi Wall, MD
- Moderator:** **Mark Nestor, MD, PhD**
- 7:00 PM – 9:00 PM Faculty Dinner

7:00 AM – 8:00 AM BREAKFAST

8:00 AM – 8:20 AM Reshaping the Face with Injectables

Vincent Bertucci, MD

8:20 AM -8:35 AM Treating the Temples, Forehead, and Periorbital Areas with Injectables

Nowell Solish, MD

8:35 AM – 8:50 AM Enhancing the Lip & Smoothing Perioral Lines with Lasers & Injectables

Joel Cohen, MD

8:50 AM - 9:05 AM Questions & Answers

9:05 AM – 9:20 AM How to Frame the Jawline with Injectables

Vincent Bertucci, MD

9:20 AM - 9:35 AM Treating the Neck & Chest with Injectables

Nowell Solish, MD

9:35 AM - 9:45 AM Topical Regimens that Work

Doris Day, MD

9:45 AM – 10:00 AM Avoidance and Management of Complications with Injectables

Joel Cohen, MD

10:00 AM – 10:15 AM Question & Answer

10:15 AM – 10:45 AM BREAK: Visit the Exhibits

10:45 AM – 11:40 AM Injectable Demonstrations

Presenters: Joel Cohen, MD
Vince Bertucci, MD
Nowell Solish, MD

Moderator: Mathew Avram, MD, JD

11:40 AM – 12:00 PM Questions and Answers

12:00 PM - 1:00 PM **LUNCH: Visit the Exhibits**

1:00 PM - 1:15 PM Strategies for Successful Treatments in all Skin Types
Ashish Bhatia, MD

1:15 PM - 1:30 PM Combining Techniques with Fully Ablative Resurfacing to Maximize Results
Gilly Munavalli, MD

1:30 PM - 1:40 PM Fat Chance: Clinical Tips from an Injector
Mary Lupo, MD

1:40 PM – 1:50 PM Fat Transfer for Long Lasting Facial Contouring
Gilly Munavalli, MD

1:50 PM – 2:05 PM Update on Neuromodulators
Mark Nestor, MD, PhD

2:05 PM – 2:15 PM Medical Foods: Health/Wellness for the Skin
Mark Nestor, MD, PhD

2:15 PM – 2:25 PM Questions and Answers

2:25 PM – 2:35 PM How to Strategically & Successfully Incorporate Cosmetic Procedures into Your Practice
Mark Nestor, MD, PhD

2:35 PM – 3:00 PM Practice Management Panel
Panelists: **Gilly Munavalli, MD**
Joel Cohen, MD
Mary Lupo, MD
Moderator: **Mark Nestor, MD, PhD**

3:00 PM – 3:30 PM **BREAK: Visit the Exhibits**

- 3:30 PM – 5:35 PM Quick Fire Treatment Pearls – NON-CME**
- 3:30 PM – 3:34 PM **Chris Tomassian, MD** – Harnessing Social Media to Enhance Patient Education & Practice Growth
- 3:35 PM – 3:39 PM **Rohit Kakar, MD** - Safely and Naturally Injecting the Tear Trough with Filler
- 3:40 PM – 3:44 PM **Karan Lal, MD** - Tranexamic Acid in Dermatology, What You Need to Know and May Not Know
- 3:45 PM – 3:49 PM **Emily Guo, MD** - Pediatric Laser Treatment - Tips for Treating Birthmarks in Infants
- 3:50 PM – 3:54 PM **Molly Wanner, MD** - Paradigm shift: Cosmetic treatments are not just cosmetic
- 3:55 PM – 3:59 PM **Oge Onwudiwe, MD** – My approach to Shave Removal of Earlobe Keloids
- 4:00 PM – 4:04 PM **Ramone Williams, MD** - Treatment Pearls for Xanthelasma Palpebrarum
- 4:05 PM – 4:09 PM **Jason Clark, MD** - Referral Optimization in Aesthetic Medicine
- 4:10 PM – 4:14 PM **Lisa Xu, MD** - Laser Treatment in Asian Skin: How to Be Cautious
- 4:15 PM – 4:19 PM **Mary Dick, MD** - Combination Treatment Approach to Rhinophyma
- 4:20 PM – 4:35 PM** Questions and Discussion
- 4:35 PM – 4:39 PM **Margaret Chou, MD** – Novel Uses of Laser Hair Removal Devices to Improve Vascular and Inflammatory Conditions
- 4:40 PM – 4:44 PM **Janelle Vega, MD** – Best Practices in Managing GLP-1 Patients with Fillers and Devices
- 4:45 PM – 4:49 PM **Mary Alice Mina, MD** - My Top 4 Hacks for a Busy Procedural Practice
- 4:50 PM – 4:54 PM **Elizabeth Houshmand, MD** – T Hyperpigmentation: Dermatologists Approach
- 4:55 PM – 4:59 PM **Saud Aleissa, MD** – Reducing the Risk of PIH Post Laser Procedure
- 5:00 PM – 5:04 PM **Lesley Clark-Loeser, MD** - Pre-treatment with Topical Cysteamine to Mitigate PIH after Fractional Ablative Laser on Photodamaged Skin
- 5:05 PM – 5:09 PM **Sheila Farhang, MD** - Submental Liposuction 101
- 5:10 PM – 5:14 PM **Ardalan Minokadeh, MD, PhD** - Injectable Hyaluronic Acid for Management of Transverse/Horizontal Neck Lines
- 5:15 PM – 5:19 PM **Zeina Tannous, MD** – Beyond the Injection: Managing Late-Onset Filler Problems
- 5:20 PM – 5:35 PM** Questions and Discussion
- 6:00 PM – 8:30 PM Resident Session
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| Dr. Mathew Avram | |
| Dr. Saud Aleissa | Dr. Margaret Chou |
| Dr. Catherine DiGiorgio | Dr. Morgan Murphrey |
| Dr. Bridget Myers | Dr. Zeina Tannous |

SEPARATE FEE REQUIRED

- 7:00 AM – 8:00 AM Breakfast
- 8:00 AM – 8:30 AM “Ask Me Anything” from Faculty
- 8:30 AM – 10:30 AM Hands-on Session
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| Dr. Mathew Avram | |
| Dr. Saud Aleissa | Dr. Margaret Chou |
| Dr. Catherine DiGiorgio | Dr. Jamie Hu |
| Dr. Morgan Murphrey | Dr. Bridget Myers |
| Dr. Zeina Tannous | Dr. Adam Wulkan |